Missouri Post-Critical Incident Seminar (MO-PCIS)



First Responders and Dispatchers (Law Enforcement, Fire, & EMS)

The Missouri Post-Critical Incident Seminar was established to provide first responders and communications operators/dispatchers with support following exposure to critical incident(s) in the line of duty. Trauma exposure alters the human psyche and can change one's world view, which may result in unintended negative consequences. At MO-PCIS, you will meet other first responders who have experienced similar critical incidents. Health service providers and peer team members, who are acquainted with first responder culture, will facilitate support.

What is a Critical Incident?

- Officer-involved shootings
- Pursuits involving serious injuries or death
- Child fatalities
- Multiple casualty events (air, land, or marine)
- Natural disaster response
- Any event posing a threat of serious injury or death to the first responder
- Friendly fire incidents
- Witnessing a fatality occur
- Suicide response
- Incidents of public and/or media scrutiny
- Line of duty deaths
- Unsuccessful rescue attempts
- Or any other duty-related traumatic event

If you are a first responder and currently experiencing intrusive thoughts, night-mares, relationship problems, performance declines, recent work confrontations, or alcohol and/or substance abuse, which began after exposure to one or more critical incidents, you and your spouse/significant other are eligible to register for this three-day therapeautic seminar. (There will be opportunities for spouses/significant others to network and discuss living in society as a first responder.)

There is no cost to attend this seminar, but space is limited. (Lodging and meals are included.)

Register at: www.motrooper.com/PCIS

To protect your privacy, the exact location and itinerary of the seminar will be provided upon successful registration.

(Mo State Hwy Patrol) at 573-526-6340 or email: DEFENSE@mshp.dps.mo.gov

> Sponsored by the Missouri State Highway Patrol in partnership with the Missouri Department of Mental Health.